

FOR IMMEDIATE RELEASE:
Contact: Tim McCaffrey (203) 596-4533
Date: 5/5/05



RICO BROGNA NAMED AS POST UNIVERSITY BASEBALL COACH
Nine-Year Major Leaguer Joins Eagles Staff

WATERBURY, CT—*Post University* is pleased to name **Rico Brogna**, a graduate of Post, as Head Baseball Coach and Director of Athletic Advancement. Post University Associate Vice President for Athletics **Dan Mara** made the announcement today.

"There are three reasons Rico Brogna is a great fit for Post University. He has an impeccable baseball resume. He is a graduate of Post and his philosophy regarding student-athlete development is in keeping with that of the institution," said Mara. "His presence will help our baseball student-athletes become better players, better students and better people. We are excited about having a coach of Rico's caliber join our staff and look forward to a new era in Post University Baseball."

Brogna called Mara when he heard that the job was open.

"I got in touch with Dan (Mara) when I heard there might be an opportunity," said Brogna. "I went to school here, I live less than 10 minutes away and I want to coach on the college level. I want to be close to my family."

As for building a Post program that has seen one winning season since its inception in 1993, Brogna will take it one step at a time.

"It's going to take time, but my approach will be an all-encompassing one that focuses on success on the field and in the classroom," said Brogna. "I want Post University to be the Waterbury and the Naugatuck Valley team. I believe we can attract area players who want to further their education."

Brogna spent over nine seasons in the major leagues as a first baseman. He was drafted in 1988 in the first-round (26th pick) by the Detroit Tigers. After having a cup of coffee with the Tigers in 1992, Brogna was traded to the New York Mets for Alan Zinter. He played three years for New York before getting traded to the Philadelphia Phillies for two players. Brogna flourished in the expansive Veterans Stadium in South Philadelphia. He had three consecutive 20 homer seasons and two straight 100+ RBI campaigns. Brogna finished his career with the Boston Red Sox and the Atlanta Braves before retiring from the game.

<CONT>

As for his major league career Brogna downplays his time in the big show.

“I’ll talk about my experiences if people ask, but I’m wearing Post on my shirt now,” he said.”

Brogna a stellar defender singled off of Dave Steib in his first major lead at bat. His first Home run was off the New York Yankees’ Melido Perez. He played 848 games in his career and logged just under 3000 at bats. He totaled 106 home runs, 458 runs batted in and a .269 average.

Over the past three years he has worked as an analyst for ESPN, a post-game show host with Comcast SportsNet in Philadelphia for Philadelphia Phillie broadcasts, and as the Double-A hitting instructor with the Reading Phillies.

Brogna, who grew up in Watertown, Connecticut, presently resides in Woodbury with his wife Melissa and two children, Alexa (seven) and Hunter (two).

Established in 1890, Post University is a small business and liberal arts college located in Waterbury, Connecticut. Post is known for its quality of academic programs, national award winning student activities, and its NCAA Division II athletic programs. Post University is accredited by the New England Association of Schools and Colleges and the Connecticut Department of Higher Education.

QUOTES FROM BROGNA:

“After traveling for so many years I just wanted to settle down and be near my family. Spending six months a year on the road is a little difficult.”

“There’s no other college team in the area. “We want to be the top choice for area kids.”

“It’s so much different being around the college kids. They want to learn and try to get to the most out of their game. I look forward to helping them do that.”

“We have to recruit and work hard and build this program. I think all players on the team will have an opportunity.”

#####